

Juliet Caplan

“Bladder Problems”

Fiction by Angela Bauer

Elizabeth Gorman grew up in a privileged, respected and very wealthy San Marino, California family. Both of her parents had inherited vast wealth. However, Elizabeth was not in the least spoiled. Her father expected obedience. Her mother was stern and only employed the strictest available nurses, nannies and governesses.

Although by 1968 when Elizabeth was born many considered spanking old fashioned and passé that was the primary punishment used on her. Clearly her parents were hardly entirely wrong, because Elizabeth always did well in school. She was Valedictorian of her exclusive private all-girls high school. At Occidental College she was always in the top 5 percentile.

After law school at Stanford, Elizabeth joined the law firm run by her father, which had been formed by his grandfather. While a second year associate attorney Elizabeth was swept off her feet by the older and dashing Arnold Caplan, who was the business partner with his father in a leading investment banking firm.

Three years after their marriage their daughter Juliet was born at Huntington Hospital in Pasadena on 10 June 1998. Their home was a

recently rebuilt mansion on a beautiful estate at the southern border of Pasadena just west of San Marino.

Elizabeth only took a minimal maternity leave because she had been made a partner before her gynecologist confirmed she was pregnant.

Motherhood was not high on her list of priorities, yet Elizabeth accepted that role as a duty. Like her own parents, Elizabeth hired a registered nurse two weeks before her due date so the baby would have excellent care from birth.

During Juliet's first year the nurse was replaced by a nanny. All aspects of Juliet's early childhood development were normal, except she was late showing signs of being ready for toilet learning. In the fall of 2000 Juliet started Toddler Class at Pacific Oaks Infant School. Less than half her classmates were day dry.

In the fall of 2001 Juliet was one of just a few in Early Pre-School still in diapers and not Pull-Ups. She was only 3; her pediatrician and nanny were not worried. Elizabeth was embarrassed about Juliet's lack of bladder control readiness.

That school year a couple of times Juliet did say she needed to pee, so she would be put into Pull-Ups instead of Pampers. Unfortunately she still used those Pull-Ups as diapers and could not connect with using toilets.

During the summer of 2002 there was no progress with Juliet's toilet learning. The usual progression was four year-olds would transfer to Pre-Kindergarten at Pacific Oaks Children's School on California Boulevard. However, the expectation was that those students be able to use toilets.

A school for children with special needs was recommended, but Elizabeth would not hear of it. Instead Juliet would stay home under the care of a

governess who specialized in girls with delayed toilet learning. She would also ensure that the next fall Juliet would be ready for Kindergarten.

That plan actually worked. By the spring of 2003 Juliet had transitioned to cotton training pants, which she learned to pull down in time to use the toilet, nearly always. At the same time the governess put Juliet into pinned cloth diapers for bed.

When Juliet wet, she felt the sensation and would ask to be changed. Sometimes she asked to use the toilet before she wet her gauze diaper. At least Juliet had enough “social continence” she was accepted into Kindergarten for the fall of 2003.

While toilet training Juliet Elizabeth accepted the recommendation from the governess to use a minimum of spanking. As soon as Juliet was performing on the toilet, she was praised for doing so.

At the same time she was spanked for misbehavior not related to wetting. Sensing the staff at Kindergarten was skeptical about Juliet actually being ready, Elizabeth invited the Headmistress and teacher to the Caplan mansion for dinner a week before classes were to start.

Before dinner Elizabeth introduced the educators to the new nanny. They were shown the nursery where Juliet still slept, with a changing table, safety side rails on her bed, which had a waterproof sheet as well as a draw sheet.

After Juliet had eaten her dinner, Elizabeth invited the educators back into the nursery. There she explained she understood the policy of the school was that they did not use corporal punishment. To prove that Juliet was strictly disciplined she pulled down the child’s dry trainers and gave her a hand spanking. Juliet sobbed. Then Elizabeth asked the educators to also

spank Juliet. They hesitated, but eventually each did put Juliet over a lap for a few spanks. They promised to phone should Juliet misbehave at school.

Only after that did the nanny diaper Juliet and put her to bed. That was when the adults had their dinner.

While Juliet was in first grade, during the Thanksgiving 2004 break, she started to wake up in a dry diaper. Taking that as a sign of readiness to control her bladder, Elizabeth put Juliet into cotton trainers with an infant prefold diaper as a soaker, of course covered by vinyl panties. Juliet could pull those down to use a toilet and then up when she went back to bed. That combination leaked far less than did disposables.

By Spring Break 2005 Juliet was wearing thinner cotton trainers without vinyl panties nearly all the time. The exception was for long trips away from toilets and the occasional special event.

Each year shortly before a new school term started Elizabeth would invite Juliet's new teacher and her Principal to dinner. The educators would be shown that her bed had a waterproof sheet. Elizabeth would give Juliet a bare bottom spanking. Then the educators would be invited to finish the spanking.

Starting with third grade Elizabeth always spanked Juliet with an oval wooden hairbrush. During the dinner the educators could hardly wait to use the hairbrush. Juliet's fourth grade teacher told Elizabeth that on her way home she was going to purchase a similar hairbrush to use on her own children!

A few times over the years when Juliet's teacher phoned Elizabeth reporting misbehavior the standard invitation to dinner was accepted.

Being spanked by her teacher, with her mother watching, really impressed Juliet.

As Juliet was approaching 12 during Spring Break 2010 she sometimes wet a bit when she giggled. Twice during fairly short car trips she really wet her “Just-in-Case” combination of trainer and 2 baby prefolds inside vinyl panties. When school resumed Juliet was wearing Attends Underwear disposable pull-ups.

A week after turning 12 Juliet reverted to bedwetting. She reported that she never woke up feeling she needed to use a toilet. Sometimes she did not wake up even after wetting.

Based upon the recommendation of her Adolescent Medicine Urologist, Juliet was taught to pin on her own gauze diapers, which were supplied by DyDee Service. The draw sheet was returned to her bed.

Her changing table was brought out of the store room and was set up in Juliet’s bedroom. The safety side rails were re-installed on her bed, but only the one away from the changing table was routinely raised.

The vinyl panties rarely leaked so during the night the draw sheet seldom needed to be changed.

In August 2013 Juliet decided to take a nap. She was wearing her usual day Attends Underwear pull-on. That time she wet enough it leaked.

Elizabeth ordered Juliet to always pin on a full diaper before naps following the wetting. Since Elizabeth could not always be home to enforce that decree, she hired a nanny. That outraged Juliet, to be 15 and still have a nanny.

Both the nanny and Elizabeth had to spank Juliet with the hairbrush to bring her back into line.

Instead of inviting Juliet's Principal and Home Room Teacher, Elizabeth asked the school Nurse and the teacher. By then Elizabeth had received a case of Attends Breathable Small in addition to the Underwear. At dinner the Nurse was very enthusiastic giving Juliet a hairbrush spanking.

It was agreed that Juliet could use the nurse's office to change. She was allowed to start her school days wearing Attends Underwear, but if she wet those she was required to change into Attends Breathable diapers for the rest of the day.

What a coincidence that the first time Elizabeth received a call about misbehavior in class by Juliet, there was time for a shopping trip. On her way home Elizabeth stopped at the uniform store. The rear room there had a comprehensive selection of punishment implements.

During the phone conversation the teacher told Elizabeth that many of her students were being punished with Lexan paddles, switches and canes. Elizabeth purchased one of each because the teacher offered to coach her using those.

One of Juliet's best gal pals had told her about getting punished with a cane and showed the resulting narrow marks while changing for physical education class. When Juliet saw her mom bringing the new implements into the mansion, she really wet her Attends Breathable.

That afternoon Juliet was given a cold supper early; then she was sent to her room with instructions to wait.

The teacher showed Elizabeth how to use the synthetic cane. It was only 6mm in diameter (less than ¼ inch) but Lexan is a very dense polycarbonate plastic. It causes an intense sting.

Elizabeth was carrying the cane as she entered Juliet's room, closely followed by the teacher who was still outraged by the misconduct.

Juliet had already removed her uniform skirt, socks and shoes while waiting. Elizabeth unfastened her Attends. The teacher told the girl to bend over the low bench in her room and grip the seat firmly with both hands.

Elizabeth walked to Juliet's left side while swishing the cane. While scolding she slowly administered 9 strokes with the cane. As the sting from each built, Juliet would yelp in pain.

Only when the skin showed the mark from a stroke did Elizabeth deliver the next cane stroke. That was a punishment Juliet has not forgotten. After a half hour in her "punishment" corner crying her eyes out, Juliet was pinned into a gauze diaper and put to bed.

The teacher and Elizabeth had a fine dinner.

Although Juliet has not regained her bladder control, with the cane to reinforce the disciplinary benefits of the hairbrush, her deportment has vastly improved.