

# To Tell The Whole Truth?

## Part 01: Middle School CP Consequences

Fiction by Angela Bauer

As told to her

Paula Claire Douglas and Nina Elizabeth Thompson grew up on the same block in a rapidly growing suburb of Dallas, Texas from the time they were born. Nina was about a month older than Paula. When they were eight first the Douglas family and then the Thompson family moved to larger homes on different streets, but still in the district of the same elementary school.

Those two girls had been each other's primary playmate through the end of Seventh grade. That was when Nina's father Fredrick, an aerospace aircraft executive, was transferred to a different company of the same conglomerate located in Wichita, Kansas. The girls tried to remain close, but each made other gal pals. Eventually they lost contact.

Paula's father Matthew Douglas was a rising banker when Paula was born and has been a Senior Vice President since she was eight. Shortly after the Thompsons moved to Wichita, the Douglas family bought an even larger estate in the same suburban city, but in the district of a different high school.

While in Wichita, which was supposed to be a brief re-assignment that stretched for five years, the Thompsons sold their Texas home at a major

profit. Then when Matthew was promoted to Division President of his original company in Texas, they decided to buy a far grander home.

Coincidentally for their senior year of high school Paula and Nina were attending the same campus. They had lost touch and did not have the same classes. It was funny how they became reacquainted. That time, in April 2013, they had Mrs. Allison Fuller to either thank or blame. Both had her as their Advance Placement American history teacher, but at different periods.

Back in Seventh grade Paula and Nina were in Mrs. Cynthia Powell's first period homeroom English class. There were only a couple of weeks of school left and they knew Nina would be moving to Wichita shortly after summer vacation started.

So, on a very fine late spring morning they decided to ditch school. They hatched their cunning plan during lunch the previous day. Both would deliberately miss their bus. Then they would ride their bikes to meet at a convenient mall.

They had not figured on the fact that the school district of that city had just started an anti-truancy program. A few minutes after the girls did not answer roll call for Mrs. Powell, the school office was informed. In turn the attendance secretary phoned the homes of the girls.

Their mothers were shocked. By then Shirley Thompson was primarily a stay at home mom. She had graduated from the University of Texas at Austin at age 19 as a business major. Eventually she was recruited by American Airlines as a cabin attendant, not a stewardess! She was so proud of her perfect attendance record from pre-Kindergarten to her high school graduation.

Because her husband was an experience commercial pilot with an airline pilot rating, Shirley first earned a private pilot license and then earned her commercial pilot's license with instrument, multi-engine and certified flight instructor ratings. Often when Nina was in school Shirley would fly the family Beechcraft Twin Barron just for the fun of it.

In fact, she was planning to fly that morning. She had received a weather briefing on-line. As she was about to file her flight plan she got the first phone call saying that Nina did not respond to the roll call.

Helen Grant Douglas, Ph.D. was already a full professor of English at a major university near Dallas. She arranged her schedule so that she could see both Paula and her son Matt Junior off to school in the mornings. The housekeeper would be there when the children returned from school.

As part of the anti-truancy program, the school district paid rewards to employees of places, such as malls, where truants tended to hang out.

Bummer that Paula and Nina were ratted-out by a teenage drop-out working as a cleaner for a fast food stand at the mall. Before the naughty girls even received their order of Curly Fries and Cokes, they were in the custody of an Attendance Enforcement officer, who drove the girls back to their school and turned them over to Miss Leticia Miller, their Girls' Vice Principal.

While Paula and Nina were forced to wait sitting on hard benches on opposite sides of the school office, their files were pulled and another phone call was placed to each of their mothers.

Only two punishments were available, for boys. Their parents could decide between three days of detention cleaning the school grounds or six

swats with a paddle. However the parents of girls could only agree to six swats.

Each school year as part of the enrollment process Helen and Matthew Douglas signed the corporal punishment consent form for both Paula and Matt Junior. Both children knew that. Paula had never before been sent to the office. In First grade Matt Junior had been spanked in a cloakroom by his teacher over her lap on his underpants with a ping pong paddle. In Fourth grade he had been paddled in the hallway by his teacher.

When Nina was in Second grade her sister Anita, older by five years, got a six swat paddling at her middle school. As soon as their mother Shirley drove Anita home she spanked her on the bare with a hairbrush as Nina cowered. She had been ordered to watch the spanking but doing so scared her. Anita's derrière was already bruised from the paddling. Then when their father Fredrick got home from work he punished Anita more with a punishment strap. Again Nina was ordered to watch "and learn a good lesson, Young Lady!"

This also was Nina's first time being sent to the office. Of course both girls had been told by friends that Miss Miller had been a big deal tennis champ in high school and at her university, where she majored in physical education. Rumor had it that she even played in some ladies pro tennis matches after university.

It was commonly believed that Miss Miller swung a paddle harder than any other teacher, coach or administrator in that school district. Certainly everyone believed Miss Miller paddled girls harder than the Boys' VP punished boys. Sure enough Miss Miller had been a Physical Education teacher and tennis coach for nearly twenty years before she was promoted to Girls' VP.

Actually Miss Miller begged for the disciplinarian job and even took a slight cut in pay from being the high school tennis coach. She asked to be assigned to the middle school because more girls were paddled there than in the high school where she had been a coach. Miss Miller was always angry because district policy prohibited her from paddling boys.

By phone Miss Miller personally spoke to Helen Douglas and Shirley Thompson, since neither girl had been in school trouble before. It is possible since those women were still good friends, that between getting the call from the school secretary and the later one from Miss Miller they conferred. Or it just could have been a coincidence that far from begging leniency for their miscreants, both mothers asked if they could approve extra swats.

To those requests Miss Miller responded, “Oh I get it. Their first paddling should be a really hard punishment so they might not need a repeat. Why yes, with your consent I am allowed to administer as many as nine swats on the same day. The fact that they were apprehended by the Attendance Officer makes this a very serious matter. Very serious misbehavior which needs to be nipped in the bud, or butt, pardon my French.”

What Shirley and Helen did not know was that Miss Miller made the same speech to virtually all parents when discussing a paddling. Over half the time she was allowed to administer nine very hard swats. She warned parents, mostly mothers, that they should expect to see severe bruises even though the girls would be wearing their full-cut cotton uniform panties as protection. Their uniform skirts would be folded over their backs.

Miss Miller explained that a licensed female teacher would serve as the official witness. That day it would be the girls’ homeroom teacher Mrs.

Cynthia Powell. She would not be available until her free period between 1 and 1:50 P.M.

Miss Miller invited both Shirley and Helen to also witness their daughters being paddled. Helen explained that she would be giving a lecture at the university at that time. Shirley positively leapt at the chance and promised to arrive early and wait as long as necessary without speaking to Nina.

Shirley Thompson pulled into the visitor parking lot, found an open spot and locked her car. As instructed she cell-phoned Miss Miller. A student office practice girl answered and said that another office practice girl would meet Mrs. Thompson and escort her to the faculty dining room, where Miss Miller and Mrs. Powell would join her. The time was 12:15 P.M. It would be a leisurely exquisite luncheon. What fun!

During the lunch Miss Miller mentioned that she knew of a “Life Coaching” service that provided both tutoring and physical punishment. Mrs. Powell, who did not seem old enough to be a school teacher, promoted a more conventional approach to tutoring as well as summer educational trips conducted and chaperoned by experience and licensed teachers.

In some ways Shirley thought she had been taken to a Time-Share sales pitch lunch, but in fact everything Miss Miller and Mrs. Powell said made perfectly good sense. The school district paid for Shirley’s lunch, which probably was better than the students were fed.

Miss Miller left for her office first. Mrs. Powell excused herself to use a faculty ladies’ room and invited Shirley to join her.

While washing her hands Cynthia Powell confessed that she dreaded being the corporal punishment official witness, a duty she got at least every two weeks:

“Mrs. Thompson, sometimes I need to use a ladies’ room after being the witness to throw up. However, being the witness is part of my job and my dislike of seeing paddling does not prevent me from referring naughty boys and girls when they deserve swats.

“As a girl, even a teen, I was swatted several times in school. My parents always spanked me again, but usually they gave my rump a day or so to recover. I believe strict discipline did me a world of good.”

Shirley Thompson fully agreed. She said she benefited from being paddled, strapped and spanked at home and at school. She had routinely spanked Nina until she reached puberty. Then she admitted Nina had not been spanked since she past puberty.

The time had come. Cynthia Powell escorted Shirley to a portion of the office with a one-way mirror, so she could observe the girls waiting to be punished without being seen. That room connected to Miss Miller’s office with a private door, so Nina would not know her mother was there.

Another one-way mirror provided a clear view of the punishments in the office. The girl to be paddled bent over a low bench with her face away from the observation room and her delicate panty-covered derrière facing the one-way observation mirror.

Besides Paula and Nina, there were five other girls waiting to be paddled. Cynthia said that was slightly below average for the early bunch. By the time school ended for the day usually there would be ten to twelve naughty girls waiting the paddle.

Those seven girls were all Caucasian. They appeared to range from a petite girl who could have been younger than eleven to an athletic tall girl with a major bust who could well have been almost eighteen. Perhaps it was her heavy makeup that was about to get her paddled.

Paula and Nina could not talk, because they were separated, proctored by office practice girls who appeared very pleased with themselves. Paula and Nina looked contrite and terrified. Shirley felt those miscreants darn well should be fretting.

At lunch Miss Miller said that her paddles were custom made for her by a lady friend with a woodworking business. Those paddles were available for sale to parents and others needing to administer good old-fashioned corporal punishment. Optionally holes could be drilled in the paddles to reduce air resistance and increase the sting, but school district rules precluded using 'Holy' paddles at school.

Miss Miller even handed her a card from the paddle making shop. *How Convenient!*

The first girl to be paddled was the tall, mature one with the outrageous makeup. In the office, with her back to the observation mirror, Cynthia had taken her seat on a tall bar-style stool with a writing surface so she could fill out and sign the forms as the punishments were administered.

Away from the rest of the girls the tall one looked as terrified as the others.

Miss Miller provided an open intercom microphone so Shirley could hear everything happening in the office.

The tall girl was lectured until she wet her panties and the front of her skirt. And that was before she was bent over and her skirt was raised! The girl wriggled like a fish after each of her nine swats. She was crying like a baby as she was escorted out of the office to be met by the school nurse's office practice assistant. Over the intercom Shirley heard mention of disposable diapers and a hair drier for the skirt.

Two other girls were similarly called into the office one by one. Each was lectured, but only one wet herself. That girl only got the standard six swats. The girl who did not wet received nine very hard swats, as if Miss Miller was disappointed because the girl had not peed!

Paula Douglas was the fourth girl to be paddled. Shirley remembered several times when Paula had wet during sleepovers or while playing with Nina. Apparently Paula still wet. She did so as she walked into the office and was absolutely soaked by the end of her nine swat paddling, leaving her sobbing her eyes out. In the past Shirley had seen Paula spanked by her Mom and Dad several times with far less drama.

Both of the other girls were paddled before Nina, who obviously was saved for last so Shirley could see the entire group of naughty girls being punished. The smaller and frailer appearing one of those two did not wet. Clearly she received a similar extra severe paddling as did the other girl who did not wet.

At last it was Nina's turn in the office. She had toilet trained easily and younger than average, 19 months old and dry night and day!

Growing up she hardly ever wet her bed and only recently was starting to have some dribbling day incidents. Her pediatrician attributed her very mild day urge and stress incontinence to hormonal changes as her body approached puberty.

Therefore Shirley was simply horrified to see her beloved younger daughter flood her panties and skirt as she tip-toed into the office. Perhaps seeing all that pee caused Miss Miller to reduce the force of the swats. Nina cried her eyes out. Like the other wetters she was led away by a student assistant to the school nurse.

Once Nina was escorted from the office, both Cynthia and Miss Miller came in to thank Shirley for taking the time to be a witness to the corporal punishment. They assured Shirley that Nina would be put into an Attends Youth classic poly-plastic disposable diaper and that her shirt would be dried before she was walked back to class for the remainder of the school day.

“Mrs. Thompson, before Nina leaves school the nurse will check her diaper. If needed, that will be changed for the trip home. Normally our nurse Miss Dixie Lee Evans, RN, also sends a spare Attends Youth disposable home with any student who wets, along with the contact information of a medical supply store which stocks those. If you like as soon as Nina has left her office Nurse Evans would be very happy to meet and talk to you this afternoon.

Shirley had originally promised to slip out of the school quietly and discreetly so Nina would not know she had been a witness. Now she really wanted to have a conversation with Dixie Evans, RN!

Miss Miller shared that Helen Douglas had arranged to pick up Paula only slightly later than normal because first she needed to pick up Paula’s kid brother Matt Junior from elementary school.

For Shirley Thompson, Dixie Lee Evans, RN, proved to be a Godsend, a fountain of really accurate modern information about juvenile and adolescent medicine, especially with respect to urology of females. Until

circa 1990 the medical specialty of Urology was almost exclusively focused on the problems of men. Think of urology being about men in the same way gynecology is focused on women.

Then about 1989 a woman was accepted into the urology residency program at a major West Coast medical school and teaching hospital. Within a few years most of the respected urology residency programs recruited outstanding women. That first pioneer had already finished a couple of years as an ophthalmology resident setting academic standards in ophthalmology. To be blunt, prior to 1989 because urology as a profession was often the butt of jokes, in some cases it was the residency choice of young physicians who were not accepted for training in more prestigious specialties.

Also prior to 1989 very few 'old school' urologists were very interested in the challenges of urinary incontinence. The backbone of urology then was surgery to either enhance or restrain male reproduction.

Once a handful of women had passed the urology board certification process, 'continence clinics' opened to help reverse loss of bladder control. Aiding the increase of female urologists was the formation of the professional association 'Women in Urology' open to physicians, nurses, various mental health professionals and even other medical specialties, such as pediatrics and gynecology. By 2004 a sub-specialty 'Juvenile and Adolescent Urology' was recognized.

What blew Shirley away was that Dixie Evans had read, understood, remembered and written commentaries on every major advancement in urology thinking post 1992. In just a few minutes what she told Shirley was very important:

In that middle school only a small percentage of girls in grades Six, Seven, Eight and Nine (ages barely eleven to almost fifteen) escaped being paddled by Miss Miller. For unexplained reasons, that middle school only had a tiny non-Caucasian population. Yet the parents overwhelmingly supported the strict punishment administered by Miss Miller.

Shirley admitted, “Ms Evans, I asked Miss Miller to give my daughter Nina nine instead of six swats today because I am still outraged by Nina’s misconduct.”

“Yes, Mrs. Thompson, this has been a universal reaction. Clearly parents here favor corporal punishment, and with it the collateral issues of marks, bruises and loss of bladder control,” Dixie Evans stated. “Just while you were observing five out of seven naughty girls wet themselves during punishment. We do have some children, more boys than girls, with chronic bladder control problems. I help those families as best I can. The school district provides a budget to purchase economy containment garments.

“Those Attends Youth are among the few products designed to fit normal, healthy ten to fourteen year-old girls weighing less than 70 pounds up to 110 pounds with hips less than 31 inches.

“Sure, Kimberly Clarke has GoodNites disposable underwear marketed as being discreet yet not absorbent enough to deal with ordinary juvenile urinary incontinence or enuresis. It is as if the GoodNites designers figured that people of the weight range of 45 to 125 pounds all wet in the same way as infants under a year of age, in tiny dribbles nearly continuously.

“The fact is that even 25 pound 12 month old children have developed some bladder control such that they can store a surprisingly large volume

of urine which they often discharge quickly. That frustrated discreet diaper design which is based upon a synthetic chemical product called ‘SAP’ that can soak up many times its weight of urine, so long as it has the time to do so. To provide the time for SAP to work its magic diapers also need an appropriate amount of inexpensive fiber ‘fluff’. The problem is including enough fluff to make SAP practical for patients who can retain urine in their bladders is that such a diaper is no longer thin and discreet.

“The incontinence garment industry realizes that more adults need diapers than do infants. Yet in retail stores all the marketing is on thin discreet diapers of one form or another with small capacity and which do not soak up floods fast enough.

“Today while you were watching you saw that most of the girls who wet released more urine in a hurry than even a well-designed cotton diaper could handle when covered by seamless pull-on soft waterproof pants.

“Clearly if it were practical to provide such garments to naughty children doing so would frustrate the purpose of using a paddle to administer stinging swats.”

“Wow, Ms Evans, that is a lot of information to deal with while I try to figure out how to keep my daughter from repeating this kind of misbehavior. As for managing her wetting, what am I to do? Is it practical to return her to something like large Pampers? What would be the long-term consequences of diapering a girl of Nina’s age? Would I be creating life-long mental issues while attempting to manage a short-term condition?” Shirley asked innocently and still with passion.

“Mrs. Thompson, each child and family is unique. I have put Nina into a dry Attends Youth recently because it is the best product we can afford that would fit her. Right now she is confused, embarrassed and just wants

to crawl off someplace private and mope until the sting and throbbing in her spanked region wears off.

“While all we can afford to hand out are the classic economy Attends products, with Youth being the smallest, those are old-fashioned and use solid poly-plastic outer layers which can only be effectively held closed with sticky tapes which cannot be repositioned.

“Perhaps you still were diapering Nina when the design of baby disposables switched to what is sometimes called ‘cloth-like’ outer layers which are more supple and can be fastened closed with ‘hook & loop’ the generic term for ‘Velcro’ which can be repositioned and refastened at least a few times.

“What I would do if Nina was my daughter is to go to the medical supply store recommended by the district and shown on the hand-out given to Nina and all other children who wet themselves on the school grounds, and buy from them Attends Breathable briefs. ‘Briefs’ is a term-of-art so the adult diaper industry can avoid calling a diaper a ‘diaper’.

“Breathable come in a Small size nearly the same as Youth, but a whole lot easier to learn to put on. As a bonus the patient can release one side of the tabs and use a toilet then refasten the tabs so the capacity of the diaper is not wasted.

“My problem as an advocate for the humane and pragmatic management of urinary incontinence is overcoming the prejudice associated with the perfectly fine word ‘diaper’ when the patient is older than 30 months!”

“Okay and thank you so much. As soon as I can pick-up Nina I will go to that medical supply store and buy a supply of the Attends Breathable. Can

you make a guess how many Nina will need before her normal bladder control returns?” Shirley asked.

“Honestly, Mrs. Thompson, with Breathable her skin requires that she change her diaper six times a day, maybe more at first. Just her perspiration will irritate her skin until she builds up a tolerance. Hopefully her control will return before she builds up such a tolerance.

“This will require time, many days and as a result a lot of disposables. Breathable Smalls are sold in cases of 96. I would start by buying one case. The price of two bags of 24 is close to the cost of the case.

“Remember, until Nina is in her early twenties she is subject to *‘Urge and Stress’* incontinence. That has nothing to do with mental stress. It refers to physical strain and stress of the muscles in the pelvic region which hold the bladder closed until the person can discreetly use a toilet instead of wetting pants or bed. In urology the classic example of stress incontinence is dribbling while sneezing, coughing or giggling.”

“Yes, that happened to me quite a bit in my teens and even through my university years. When I got paddled in my sorority I would dribble for a few days,” Shirley reminisced.

“Okay, then Mrs. Thompson, think of a paddling from Miss Miller as a sorority experience on steroids multiplied a thousand times. You remember dribbling for a few days. My guess is that Nina will have no confidence in her bladder control for a month and maybe three months. That will be a heck of a lot more than a case of Attends Breathable. I suggest you phone the store right this minute and reserve a case of those.

“Now, should later Nina revert to bedwetting as a result of passing puberty, which is a whole different form of urinary incontinence not very

well understood. Forget comparing improving the control of an adolescent to toilet training a toddler.

“Should a child, boy or girl, revert to bedwetting for more than a few days this is not rebellion. Kids do not deliberately want the negative attention associated with bedwetting.

“What I suggest strongly is providing such a person with cotton washable diapers and separate pull-on waterproof pants of the appropriate size. There are washable diapers made with hook and loop attached fasteners. But almost always such diapers have to be made from cotton flannel, which I consider a very poor diaper material.

“Besides those Velcro fasteners fill with lint, so they stop holding. What I recommend is the classic diapering approach: Gauze or Birdseye weave cotton held closed with ordinary plastic headed diaper pins. The downside is that while gauze and Birdseye cotton diapers are still made by several firms, it is getting more and more difficult to buy decent diaper pins in stores or on-line at fair prices.

“Right now, let’s avoid getting ahead of ourselves. Most children do not revert to bedwetting. Should that happen call me here at school or on my private cell number, which is on my business card.

“Oh, one more piece of unsolicited advice: Forget old practices such as ‘*a spanking at school means two spankings at home*’. Nina got the paddling the rules require because she was a truant today. The paddling has caused her some loss of bladder control. More punishment of any kind at home will only add to her problems regaining what is called ‘*social continence*’. That should be the primary goal because until Nina regains her confidence she will be upset, irritable and a total brat to be around.

“Mind you, my children are still in early elementary school. I have yet to see TIME-OUT work; nor do groundings. What does work is mild spanking to send an immediate message a given action is misbehavior.

“Still sometimes even spanking is counterproductive. You told me neither you nor your husband has spanked Nina since you cannot remember when. I suggest this is hardly the time to re-introduce spanking of a girl many consider too old.

“Well, that can be debated. For example, I believe over half the faculty and parents here would benefit from being spanked more than the children, but it has to be on a case-by-case basis.”

While Nurse Dixie Evans was explaining, Shirley managed to reach the medical supply store. They promised to hold a case of Attends Breathable Small as well as a case of Attends Youth. They even agreed to stay late if needed, because an unusually large number of new customers have called wanting Attends adult disposables.

In the car while Shirley was driving Nina to the medical supply store, she told her daughter: “Darling, you were very naughty to skip school. The rules require that you be punished with a sound paddling, which has caused you a temporary loss of bladder control.

“Helping you regain your control is the first priority. I doubt that you will ever again skip school. Yes, a long time ago when Anita was paddled at school your father and I did reinforce the paddling with our added spankings.

“That was then and now is now. Besides, Anita was not paddled so severely that she lost bladder control. Therefore your father and I will not

be spanking you to reinforce this school punishment. This does not mean we reject forever the concept of spanking you, but not now.

“I am very impressed with Nurse Evans. She is an authority on managing loss of bladder control. Yes, she sent you home in an Attends diaper and with another for when you wet. However, as Nurse Evans explained, the diaper you are wearing is the best the school system can afford in a size to fit you. Small disposable adult diapers do not sell well and therefore are hard to find. Attends makes a different kind of diaper that also will fit you. They look big girl but function and feel like a big Pampers.

“We are headed to the store which is holding a case of those for you. They also are holding a case of the same diaper you are wearing. Nurse Evans could put that on you because she is a trained professional with years of practice. She warns we could spoil a half case of those learning how to deal with them. But there are situations when the kind you are wearing are better suited.

“Nurse Evans also wants us to remember that there is nothing shameful about the word ‘diaper’. That is an easy way to term a garment intended to keeping urine or poop from staining clothing and furniture. I agree it is silly and a waste of time calling a diaper ‘briefs’ or something equally silly. Diapers are hardly just for babies! Actually worldwide more adults than babies wear diapers. Eventually we all need to go back into diapers, if we live so long!”

They were still discussing ‘social continence’ when Shirley parked in front of the store. She encouraged Nina to come into the store with her, because in the future Nina might need to pick up more supplies. Also Shirley wanted Nina to become more comfortable discussing her incontinence. There were a few other customers in the store. Nearly all the adults were

too young to be senior citizens but could easily have been the mothers of teenagers. With some of those women were girls who were actual teenagers.

Shirley did not recognize any of the girls as ones being paddled in the same session as Nina. In her mind Shirley was debating if she needed to tell Nina she had observed the entire paddling session and had eaten a delightful lunch with Cynthia Powell and Miss Leticia Miller. At that moment Shirley could see no upside to revealing her observations.

When Shirley and Nina expressed doubt about they being able to figure out how to change even the easy Attends Breathable, a mature woman on the staff introduced herself as Beverly Serrel, P.T., an experienced urology physical therapist.

She led Nina and Shirley into a small office equipped with an exam table. Beverly washed her hands, dried them and put on non-latex medical gloves. Nina released the Velcro holding the waist of her stained uniform skirt closed.

Without her plaid skirt her wet Attends Youth was obvious. Beverly removed that with a minimum of mess, put the soaked Attends in a plastic baggie and disposed of it in a special trash container.

Next Beverly used several ordinary Pampers Non-Scented baby wipes to clean Nina's diaper region. She explained that doing so at every diaper change was vital, just as is changing diapers before they *must* be changed. Keeping the skin in the diaper area healthy is vital. Baby powder and lotions are to be avoided because they can cause health problems and the do interfere with even Velcro-type fastening systems.

Beverly spread an Attends Breathable Small out on the padded table, orientating the part to which the tabs are permanently attached to where Nina's back will go. Nina was asked to climb onto the table and recline with her back on the table over the open diaper.

The front of the Attends was gently drawn up between Nina's upper thighs. Beverly tugged the rear part of the diaper back and forth until the waist nearly aligned all around. Then Beverly pulled the leg holes snug without fastening the tabs until she was happy with the fit on both sides. Then she gently set the tabs for the leg holes. Next she set the waist tabs. She was working slowly enough Shirley and Nina could follow. It takes longer to describe than to perform.

When Nina climbed down from the table and walked around she was sure the Breathable was far more comfortable.

Beverly discussed ways Nina could change herself while standing in a ladies' room stall.

There was no charge for the demonstration and counseling. Beverly said that such training was the only way adult diaper customers would be satisfied in the long term. She quickly added she hoped Nina would have her bladder control back very soon. Never once did Beverly appear to notice that Nina had obviously been severely paddled recently. Shirley suspected that because she had phoned to reserve the Attends and said she was at the school with Nurse Evans that they correctly guessed that Nina had been punished by Miss Miller that day.